

BICEPS: THE FAMOUS SHOW MUSCLE

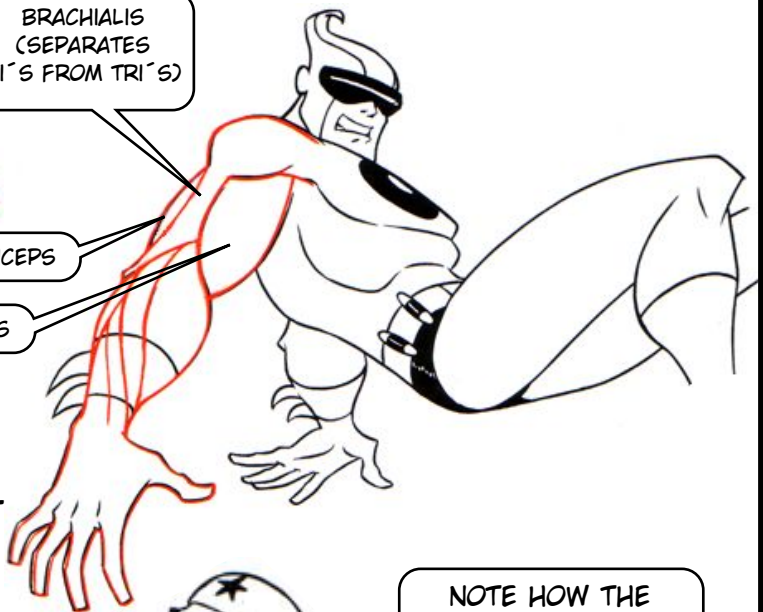
A COMIC BOOK CHARACTER WITH BIG BICEPS IS LIKE A GUY CARRYING A PAIR OF GRENADES: EXPLOSIVE POWER, READY TO GO OFF. YES, I KNOW, YOU WANT TO DRAW THE BIGGEST MEANEST BI'S THIS SIDE OF ARNOLD'S. I HATE TO BREAK IT TO YOU, BUT EVERYTHING'S GOT TO BE IN PROPORTION. COME ON, WHAT'S WITH THE LONG FACE? YOUR HERO'S STILL GONNA BE GROTESQUELY HUGE. IT'S JUST THAT IF YOU MAKE HIS ARMS OVER-THE-TOP HUGE, YOU'LL LOSE THAT STREAMLINED LOOK. REMEMBER, WE'RE NOT CONCERNED ABOUT JUST ONE MUSCLE, BUT ABOUT THE ENTIRE FIGURE WORKING AS A ALICK UNIT.



BRACHIALIS
(SEPARATES
BI'S FROM TRI'S)

TRICEPS

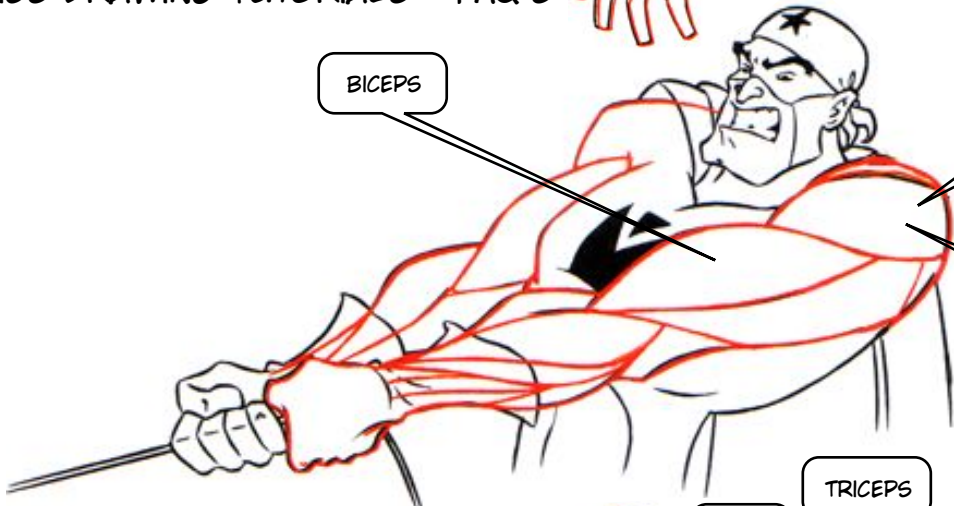
BICEPS



BICEPS

NOTE HOW THE
DELTOID (SHOULDER)
MUSCLE WRAPS
OVER THE
BICEPS

DELTOID

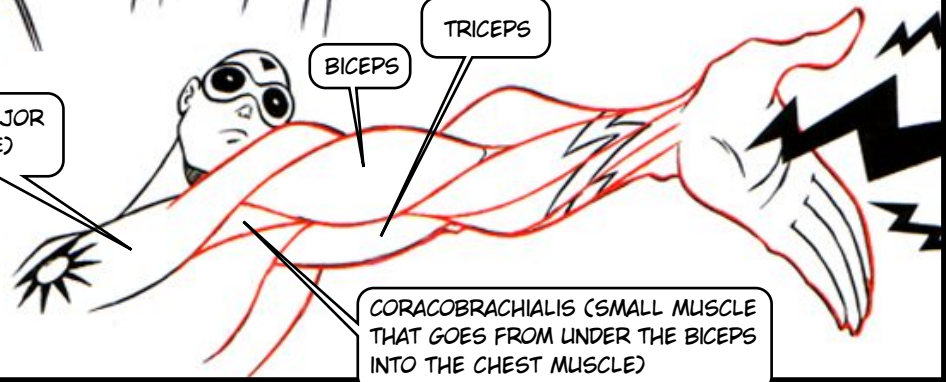


TRICEPS

BICEPS

PECTORALIS MAJOR
(CHEST MUSCLE)

CORACOBRACHIALIS (SMALL MUSCLE
THAT GOES FROM UNDER THE BICEPS
INTO THE CHEST MUSCLE)



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FROM THE BOOK, "SIMPLIFIED ANATOMY FOR THE COMIC BOOK ARTIST"